

**University College Dublin** Ireland's Global University



# **Master of Public Health Nutrition** (MPH Nutrition) (One Year Full Time)

This specialised MPH programme is a graduate entry professional programme. It provides the skills to work in nutrition-related health promotion, in the health service, industry, government departments, education and research in public health nutrition. Applicants should hold a primary degree in a nutrition related subject.

Students gain a thorough understanding of the Public Health function. They develop knowledge of the factors influencing health status; the epidemiological skills of study design and

analysis; skills to assess the health status of populations; and critical appraisal and effective problem-solving attributes.

Students gain the ability to work as an active team member in planning, implementing, monitoring and evaluating health policy, the capacity to integrate a range of disciplines effectively and an understanding of the organisation and financing of health services and their impact on population health.

## Offers multi-disciplinary training

The MPH Nutrition programme in UCD has been developed to offer multi-disciplinary training and development in Public Health Nutrition, emphasising the application of food and nutrition knowledge, policy, and research to the improvement of population health.

## Why study at UCD?



#### Tradition

Established 1854, with 160 years of teaching & research excellence



#### Global profile

UCD is ranked in the top 1% of higher education institutions worldwide



#### Global community

Over 6.000 international students from over 120 countries study at UCD



#### Global careers

Degrees with high employability: dedicated careers support; 1 year stay-back visa



#### Safety

Modern parkland campus with 24 hour security, minutes from Dublin city centre

## Course Content and Structure

90 credits taught masters

Students choose a combination of core and option modules.

#### Core modules include:

- Behavioural Changes
- Research Methods in Epidemiology
- Aetiology of Disease
- Veterinary Epidemiology
- Quantitative & Qualitative Analysis
- **Health Promotion**
- Health Management

#### Option modules include:

- Sociology of Health & Illness
- **Health Economics**

- Infectious Disease Epidemiology
- Social Epidemiology
- Statistical Modelling & Survival





## **Career Opportunities**

As UCD has a globally acclaimed reputation in the area of Public Health, you will gain the skills and knowledge necessary to thrive in a wide range of careers in the Public Health sector.



Many of our former students hold significant posts in Public Health in various parts of the world. MPH Graduates include, for example, Consultants in Public Health Medicine, University Professors and Ministry of Health Medical Officers.

### **Apply Now**

This programme receives significant interest so please apply early online at www.ucd.ie/international/apply

## **Entry Requirements**

- This programme is intended for registered medical and dental practitioners and those with professional backgrounds in health or health care provision, who hold an appropriate primary degree, with an upper second class honours or international equivalent required.
- Applicants to this programme should apply to the general MPH programme. Further information is available online.
- Applicants whose first language is not English must also demonstrate English language proficiency of IELTS 7.0 (no band less than 6.5 in each element), or equivalent.

# International Fees and Scholarships

Tuition fee information is available on www.ucd.ie/fees. Please note that UCD offers a number of graduate scholarships for full-time, self-funding international students, holding an offer of a place on a UCD masters programme. Please see www.ucd.ie/international/scholarships for further information.

## Related Masters Programmes of Interest

- Master of Public Health
- Master of Public Health (International)
- MSc Food Safety & Risk Analysis

## **Graduate Profile**

## Claire Ramsay, Ireland, Senior Community Dietician

In order to increase my chances of obtaining a good job and for quicker job progression, I chose to undertake further education that would be relevant and useful to my profession. UCD was the only institution that allowed me to choose a masters that was interesting, useful and nutrition-specific, which as a qualified dietician, I required. While I learned a huge amount from the content of the course and classes, the class interaction and group work provided me with great insights and practical knowledge, particularly as the class was made up of people from lots of different backgrounds, which provided insights from different countries and different health professions. This gave a great holistic and practical knowledge on health and the health care service. In my professional role I have started up a new dietetic service specialising in adult malnutrition, and I have found that the course has provided me with the tools needed to put together the evidence to prove the value of this initiative. The knowledge in research and statistics which I gained from the course will always remain invaluable to me.