



# Professional Certificate in Breastfeeding and Lactation

(6 months Part Time)



## Introduction

This programme consists of one 10ECTs module. The purpose of the module is to develop and advance the healthcare professionals breastfeeding and lactation knowledge and skills.

The programme is offered to Midwives, Nurses, Public Health Nurses, Practice Nurses, GP's, Dietitians and Allied Healthcare Professionals interested in

advancing their professional knowledge and skills to promote, support and protect breastfeeding.

## Course Highlight

This course supports preparation for participants with the required clinical lactation experience wishing to sit the International Board Certified Lactation Consultant examination (IBCLC).

## Course Content and Structure

### Core module:

- Breastfeeding and Lactation (10 ECTS)

This programme is delivered via blended learning.

### What will I learn?:

- Interpret the Science of breastfeeding and its role in maternal and infant health.
- Critically discuss the psychological, social and cultural factors that influence breastfeeding practices
- Differentiate and provide management strategies to breastfeeding challenges
- Describe how drugs are absorbed, distributed, metabolized and excreted in relation to the lactating woman
- Critically discuss the Baby Friendly Health Initiative nationally and internationally
- Outline the ethical and legal issues relevant to the breastfeeding dyad.

## Why study at UCD?



### Graduate Education

12,000 graduate students; 17% graduate research students; structured PhDs



### Global Careers

Dedicated careers support; 2 year stayback visa to work in Ireland



### Graduate Courses

Largest range of Taught Graduate Nursing and Midwifery courses in Ireland.



### Global Community

8,500 international students and 300,000 alumni network across 165 countries





## Career Opportunities

By expanding your skill set with breastfeeding education, midwives can create a more well-rounded career, tapping into the growing need for breastfeeding support and care across multiple healthcare settings.

Some potential roles include completing the IBCLC certification and/or becoming a HSE clinical midwife/nurse specialist in lactation (CMS/CNS). CMS/CNS in Lactation are expert professionals in breastfeeding support and can provide one-on-one consultations for mothers facing breastfeeding challenges. If the midwife

also pursues certification as an International Board Certified Lactation Consultant (IBCLC), they can work in hospitals, private practice, or clinics, offering professional guidance on breastfeeding. Other opportunities include breastfeeding education and counselling, specialist clinical roles, public health and community outreach, policy advocacy and research.

This programme is a complimentary course for those pursuing the MSc in Advanced Practice (Midwifery).

## About the School

UCD School of Nursing, Midwifery and Health Systems has a strong tradition of delivering exceptional education and impactful research. We are a dynamic and interdisciplinary, global centre of excellence, passionate about meeting the current and future health needs of every person throughout their life span.

We integrate education, research, scholarship, and practice within a culture of care, inclusion, curiosity and empowerment. The School's programmes are delivered by expert faculty, who champion each student to reach their individual potential.

Our programmes have prepared our students to be expert and compassionate clinicians, inspiring and supportive educators, cutting-edge researchers and dynamic, networked leaders. We are honoured to see how our people are advancing patient care in every corner of the globe.

We are UCD School of Nursing, Midwifery and Health Systems.

We are forging the future of healthcare.



## Applicant Profile

- The programme is offered to Midwives, Nurses, Public Health Nurses, Practice Nurses, GPs, Dietitians and Allied Healthcare Professionals interested in advancing their professional knowledge and skills to promote, support and protect breastfeeding.
- We accept the International Board Certified Lactation Consultants Certificate. You can upload this with your application.

## Fees and Scholarships

Tuition fee information is available on [www.ucd.ie/fees](http://www.ucd.ie/fees). Please note if the fees for your programme are being paid by a third party (full or partial), please ensure your funding organisation/sponsor/hospital contacts student.payments@ucd.ie. Please note this is not a student facing email address.

## Related Programmes of Interest

- MSc Advanced Practice (Midwifery)
- Professional Certificate in Examination of the Newborn
- Professional Certificate in Maternal Critical Care

### CONTACT US

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### APPLY NOW

This programme receives significant interest so please apply early online at [www.ucd.ie/apply](http://www.ucd.ie/apply)